

## (PHSE, RSE, Catholic Social Teaching) - Personal Development Curriculum Map

Advent 1

Race (Prevent) / Harmful Sexual Behaviour Focus

Plus firework safety here: [10/10 Out and About: Fireworks](#)

|                  | Week 1                                                                                | Week 2                                                                                                           | Week 3                                                                                                                 | Week 4                                                                                                    | Week 5                                                                                                        | Week 6                                                                                   | Personal Development Opportunities<br>'Try new things'                                                                                                          |
|------------------|---------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Nursery          | 10/10<br><a href="#">Made with love</a>                                               | <a href="#">Blue's best friend</a>                                                                               | <u>Class virtue</u><br><u>Kindness</u><br>What is Kindness?<br>Why is it important?<br>Who should we show kindness to? | <u>CST</u><br><u>Human Dignity</u><br>'Everyone is special'<br><br>Ways we show kindness to other people. | 10/10<br><a href="#">Heads, Shoulders, Knees and toes</a><br><br>Exploring their own bodies and movements     | 10/10<br><a href="#">I am me</a><br><br>Exploring what makes you special.                | Try different fruit at snack times.<br><br>Try new foods at lunchtime.<br><br>Try and play with a new friend.<br><br>Play in an area you don't usually play in. |
| Sticky Knowledge | To know that we are made from love                                                    | To know how important friendship is.                                                                             | To understand ways to show kindness.                                                                                   | To know that everyone is special.                                                                         | To know that you are made by God.                                                                             | To know that you are unique.                                                             |                                                                                                                                                                 |
| Key Vocabulary   | Love<br>creation                                                                      | Friendship                                                                                                       | Kindness                                                                                                               | Dignity<br>unique                                                                                         | God-given                                                                                                     | Unique<br>special                                                                        |                                                                                                                                                                 |
| Rec              | 10/10<br><u>New people, new places – watch the Classroom Short entitled 'What was</u> | 1 DECISION<br><a href="#">Story - Pink goes to school</a><br><br><a href="#">Dilemma Red plays with the ball</a> | <u>CARITAS / 10/10</u><br>Caritas – The Dignity of the Human Person – God made me and loves me very much p17           | 10/10<br><u>New people, new places – watch the Classroom Short entitled 'God never changes'</u>           | 1 DECISION<br><a href="#">Blue learns to share</a><br><br><a href="#">This is sharing or not sharing game</a> | <u>CARITAS</u><br>Caritas – The Dignity of the Human Person – God made me and my friends | Play with someone different.<br><br>Choose to play somewhere else                                                                                               |

|                  |                                                                                   |                                        |                                                                                                            |                                                                                 |                                                                                         |                                                                                                                                                                                                                                                            |                          |
|------------------|-----------------------------------------------------------------------------------|----------------------------------------|------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|
|                  | <u>it like?’ and ‘My Classroom’</u><br><br><i>Character trait: Try new things</i> | <i>Character trait: Try new things</i> | But do this through<br>10/10<br>Module 1 Unit 2<br><u>I am me</u><br><br><i>Virtue: Class virtue focus</i> | <i>Virtue: Class virtue focus</i><br><br><i>Character trait: Try new things</i> | <u>FBV – Mutual respect and tolerance</u><br><br><i>Character trait: Try new things</i> | very beautiful p17<br><br>Explore this by using also the Equaliteach book ‘Our Skin, a first conversation about race’ by Megan Maddison.<br><u>Our skin</u><br><br><u>FBV – Mutual respect and tolerance</u><br><br><i>Protected characteristics: Race</i> | in continuous provision. |
| Sticky Knowledge | To be able to talk about likes and dislikes. Similarities and differences.        | To know how to treat our friends       | To know what makes you different                                                                           | To understand God’s love for us                                                 | To know it is good to share                                                             | To understand ways, we can be different                                                                                                                                                                                                                    |                          |
| Vocabulary       | Difference environment                                                            | Friendship share                       | <u>Dignity</u><br><u>Love</u>                                                                              | Unconditional love                                                              | Sharing friendship                                                                      | Race difference                                                                                                                                                                                                                                            |                          |

## Advent 2

Anti-Bullying Week (Usually 2<sup>nd</sup> or 3<sup>rd</sup> week of November) / Continued Harmful Sexual Behaviour Focus / Equalities: Disability

All classes to celebrate UK Parliament Week (Usually 1<sup>st</sup> or 2<sup>nd</sup> week in November) [Parliament Resource](#)

|                  | Week 1                                                      | Week 2                                                                                                                                                                                             | Week 3                                                                                                                  | Week 4                                                                                                                   | Week 5                                                                                                                                                                                                                        | Week 6                                                                                                                              | Personal Development Opportunities<br><br>'Push yourself'                                                                                                                                              |
|------------------|-------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Nursery          | <u>Firework Safety</u>                                      | 1 Decision<br><u>Red needs the toilet</u>                                                                                                                                                          | 1 Decision<br><u>Orange feels worried</u><br>Exploring emotions<br><i>Character Trait: Push Themselves</i>              | CST<br><u>Rights and Responsibilities</u><br>How do we show kindness to others?<br><br><i>Virtue: Class virtue focus</i> | EQUALITEACH<br>Read 'Hudson hates school'<br><br>Discuss why Hudson is different and finds school difficult<br><br><i>Protected characteristics - Disability</i>                                                              | <u>10/10</u><br><u>I like, you like, we all like</u>                                                                                | Support children in areas they feel less comfortable in e.g climbing, riding a bike. Gradually reduce level of support.<br><br>Support children in getting dressed and putting on shoes independently. |
| Sticky Knowledge | To know how to stay safe on bonfire night                   | To recognise our physical needs                                                                                                                                                                    | To know how to deal with worry                                                                                          | Know how to show kindness to others                                                                                      | To know and understand ways we are different                                                                                                                                                                                  | To talk about what you like and dislike                                                                                             |                                                                                                                                                                                                        |
| Vocabulary       | Danger safety                                               | Toilet Wash hands                                                                                                                                                                                  | Feelings emotions                                                                                                       | Kindness action                                                                                                          | Different feelings                                                                                                                                                                                                            | Likes dislikes                                                                                                                      |                                                                                                                                                                                                        |
| Rec              | <u>10/10</u><br><u>Heads Shoulders Knees and Toes (HSB)</u> | <b>Anti Bullying lessons during RE</b><br><br><u>10/10</u><br>Module 2, Unit 2 Session 2 <u>You've got a friend in me</u><br><br><u>10/10</u><br>Module 2, Unit 2 Session 3 <u>Forever friends</u> | <u>CARITAS</u><br><br>Solidarity and the common good – We are all friends p101<br><br><i>Virtue: Class virtue focus</i> | <u>10/10</u><br><u>Ready Teddy</u><br>(Healthy lifestyle decisions)<br><br><i>Character Trait: Push Themselves</i>       | NSPCC Pants rule materials<br><a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/</a> | <u>CARITAS</u><br>Solidarity and the common good – We play together in love and peace p102<br><br><i>Virtue: Class virtue focus</i> | Try a new healthy food.<br><br>Make up a new game to play with others.                                                                                                                                 |

|  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |  |  |  |                                                  |  |
|--|--|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--------------------------------------------------|--|
|  |  | <p><b>1 DECISION</b></p> <p><u>Story: Blue's best friend</u></p> <p><u>Blue would like to play with red and yellow but isn't sure how to play the game. What can we do to help?</u></p> <p><b>Story:</b> <u>Why does purple play differently to us?</u></p> <p><b>Talking and Sorting Cards:</b><br/> <u>Discuss photos which may help children on the autistic spectrum.</u></p> <p><b>Dilemma/Scenario:</b> <u>Green dilemma drop – Pink often wears headphones because of noise, Green is confused by this. How can we help Green understand?</u></p> <p><b>Story:</b> <u>Green gets glasses</u></p> |  |  |  | <p><u>FBV – Mutual respect and tolerance</u></p> |  |
|--|--|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--------------------------------------------------|--|

|                  |                                   |                                                                                                                                                                                                                                                                                                                            |                                 |                                            |                                   |                                                         |  |
|------------------|-----------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|--------------------------------------------|-----------------------------------|---------------------------------------------------------|--|
|                  |                                   | <p>Dilemma/Scenario: <u>Worrying and adjusting to change – worrying about what your friends might say about your new glasses.</u></p> <p>Equalities:<br/>Disability<br/><i>Virtue: Class<br/>virtue focus</i></p> <p><u>FBV – Mutual respect and tolerance</u></p> <p><i>Protected characteristics:<br/>Disability</i></p> |                                 |                                            |                                   |                                                         |  |
| Sticky Knowledge | To know that privates are private | To recognise bullying and what you should do.                                                                                                                                                                                                                                                                              | To recognise we are all friends | To know the safe way to use simple devices | To know that privates are private | To understand our responsibility to others in the world |  |
| Vocabulary       | Body<br>privates                  | Bullying<br>equality                                                                                                                                                                                                                                                                                                       | Common<br>good                  | Internet<br>safe                           | Body<br>private                   | Common good<br>responsibility                           |  |

Lent 1

Focus on British Values and Gender Equality

|                  | Week 1                                                                                                   | Week 2                                                           | Week 3                                                                                          | Week 4                                                                                          | Week 5                                                                                                                          | Week 6                                                                              | Personal Development Opportunities<br><br>'Improve' and 'Work hard'                                                                                                                                                                    |
|------------------|----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Nursery          | <u>Equaliteach</u><br>Read 'The Flying Diggers' by Julia Hubery<br><br>Protected characteristic - gender | <u>1 Decision</u><br><u>Pink feels sad</u><br>Exploring emotions | 10/10<br><u>Safe inside and out</u><br><br>NSPCC – PANTS<br><br><u>FBV – Individual Liberty</u> | 10/10<br><u>Safe inside and out</u><br><br>NSPCC – PANTS<br><br><u>FBV – Individual Liberty</u> | <u>CST</u><br>Options for the poor<br><br>How do we show Kindness to the poor?<br><br><u>FBV – Mutual respect and tolerance</u> | <u>1 decision</u><br><u>Green Dilemma drops</u><br><br><u>What should green do?</u> | Challenge children to make improvements to their creations e.g artwork, construction area. Ask questions and model new ideas to improve.<br><br>Working hard in group focus sessions.<br><br>Holding longer focus during carpet times. |
| Sticky Knowledge | To understand ways that we are different                                                                 | Understand ways to deal with your emotions                       | To understand that privates are private                                                         | To understand that privates are private                                                         | Know ways to show kindness to others                                                                                            | Understand ways to deal with your emotions                                          |                                                                                                                                                                                                                                        |
| Vocabulary       | Gender differences                                                                                       | Emotions sadness                                                 | PANTS Safety                                                                                    | PANTS Safety                                                                                    | Poverty kindness                                                                                                                | Emotions anger                                                                      |                                                                                                                                                                                                                                        |
| EYFS             | <u>10/10</u>                                                                                             | <u>1 DECISION</u>                                                | <u>CARITAS</u>                                                                                  | <u>10/10</u><br><u>All the feelings</u>                                                         | <u>1 DECISION</u>                                                                                                               | <u>CARITAS</u>                                                                      |                                                                                                                                                                                                                                        |

|  |                                                                                                                                                  |                                                                                                                                                                                                                                                                                             |                                                                                                                                                                    |                                                         |                                                                              |                                                                                                                                                                                                                         |                                                                                                                         |
|--|--------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------|------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|
|  | <p>- <u>I like, you like, we all like!</u></p> <p><u>FBV – Mutual respect and tolerance</u></p> <p><i>Protected characteristics: Various</i></p> | <p><b>Story:</b> <u>Blue explores road safety</u></p> <p><b>Talking and Sorting Cards:</b></p> <p>- <u>Blue is playing tennis in the park. The ball goes out on to the road. What can blue do?</u></p> <p><b>Dilemma/Scenario:</b> <u>Road safety –</u></p> <p><u>FBV – Rule of Law</u></p> | <p>Caritas – Option for the poor and vulnerable – God's gifts are for everyone</p> <p><i>Virtue: Class virtue focus</i></p> <p><u>FBV – Individual Liberty</u></p> |                                                         | <p>Story: <u>Green's Daddy moves out</u></p> <p><u>Pink misses mummy</u></p> | <p>Caritas – Option for the poor and vulnerable – Learning to share our toys and food with our friends so that everybody has enough</p> <p><i>Virtue: Class virtue focus</i></p> <p><u>FBV – Individual Liberty</u></p> | <p>Try sharing a piece of fruit fairly with someone else.</p> <p>Try painting a picture to show different emotions.</p> |
|  | To understand we all have different likes and dislikes                                                                                           | Understand ways to keep yourself safe.                                                                                                                                                                                                                                                      | To understand the importance of sharing with each other                                                                                                            | To recognise different feels and how they make us feel. | Understand ways to deal with your emotions                                   | To understand the importance of sharing with each other                                                                                                                                                                 |                                                                                                                         |
|  | Likes<br>Dislikes<br>respect                                                                                                                     | Road safety                                                                                                                                                                                                                                                                                 | Sharing<br>Kindness<br>poverty                                                                                                                                     | Sad<br>Happy<br>Angry<br>excited                        | Emotions<br>Sadness<br>loneliness                                            | Sharing<br>Kindness<br>poverty                                                                                                                                                                                          |                                                                                                                         |

## Lent 2

Revisit of Harmful Sexual behaviour / British Values (Mutual respect) / Equality (Celebrating other faiths)

|                  | Week 1                                         | Week 2                                                      | Week 3                                                                                                                               | Week 4                                                         | Week 5                                                                                                                                           | Week 6                                                            | Personal Development Opportunities<br><br>Character Trait: Concentrate                                                                                                           |
|------------------|------------------------------------------------|-------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Nursery          | 10/10<br><a href="#">What is the internet?</a> | 10/10<br><a href="#">Play safe online</a>                   | <u>EQUALITEACH</u><br>Read 'My own special way' by Mithaa alKhayyat<br><br><i>Protected characteristics<br/>Gender/ Religion/Age</i> | 1 DECISION<br><a href="#">Yellow wants to play with orange</a> | <u>CST</u><br><u>SOLIDARITY</u><br>Working with others<br><br><i>Virtue- Class virtue focus</i><br><br><u>FBV – Mutual respect and tolerance</u> | 1 DECISION<br><a href="#">Yellow dilemma drops</a><br>Friendships | Show good sitting, looking, and listening during carpet time and small group focus sessions.<br><br>Support children to stay engaged in an activity for a longer period of time. |
| Sticky Knowledge | To know what the internet is                   | To begin to understand how to be safe online                | Understand ways that we are different                                                                                                | To know ways to deal with how we are feeling                   | Understand the meaning of Solidarity                                                                                                             | To know ways to deal with how we are feeling                      |                                                                                                                                                                                  |
| Vocabulary       | Internet communicate                           | Internet Online safety                                      | Equality religion                                                                                                                    | Friendship feelings                                            | Solidarity                                                                                                                                       | Friendship feelings                                               |                                                                                                                                                                                  |
| EYFS             | 10/10<br>– Let's get real (Saying Sorry)       | 1 DECISION<br>Story: <a href="#">Rainbow's food journey</a> | <u>CARITAS</u>                                                                                                                       | 10/10<br>Session 1 – <u>Growing up</u>                         | 1 DECISION<br>Story: <a href="#">Rainbow visits the seaside</a>                                                                                  | <u>CARITAS</u><br>Rights and responsibilities                     | Try a new food from                                                                                                                                                              |

|                  |                                                    |                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                  |                                                                            |                                                                                                 |                                                                                                                     |                                                                  |
|------------------|----------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------|
|                  | <a href="#">FBV – Mutual respect and tolerance</a> | <p><b>Talking and Sorting Cards:</b> <u>Food from around the world and ways in which they are eaten.</u></p> <p><b>Dilemma/Scenario:</b> <u>Blue has forgotten her packed lunch from home. She has never had a school dinner before and she is worried she will not like it.</u></p> <p><i>Virtue: Class virtue focus</i></p> | <p>Rights and responsibilities</p> <p>– God wants everyone to be happy. p133</p> <p><a href="#">FBV – Individual liberty and rule of law</a></p> |                                                                            | <p>And the interactive game</p> <p><a href="#">FBV – Individual liberty and rule of law</a></p> | <p>– God gives us all we need to be happy. P134</p> <p><a href="#">FBV – Individual liberty and rule of law</a></p> | <p>around the world.</p> <p>Do a good deed for someone else.</p> |
| Sticky Knowledge | To understand why it is important to say sorry     | <p>Understand ways that we are different.</p> <p>To know how to deal with worry</p>                                                                                                                                                                                                                                           | To understand our rights and responsibilities to others                                                                                          | That there are natural life stages from birth to death, and what these are | To know ways of dealing with our feelings and emotions                                          | To understand our rights and responsibilities to others                                                             |                                                                  |
| Vocabulary       | Apologise<br>feelings                              | Culture<br>Cuisine<br>worry                                                                                                                                                                                                                                                                                                   | Rights<br>responsibilities                                                                                                                       | Birth<br>Death<br>life                                                     | uncomfortable                                                                                   | Rights<br>responsibilities                                                                                          |                                                                  |

| Focus on Healthy lifestyles / Rule of Law / Individual Liberty / Equality in relation to sexuality, disability and race |                                               |                                                                                                                                       |                                                                 |                                                                                                                                          |                                                                                                                                              |                                                                                                                                         |                                                                                                                                                                                                                                                |
|-------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                         | Week 1                                        | Week 2                                                                                                                                | Week 3                                                          | Week 4                                                                                                                                   | Week 5                                                                                                                                       | Week 6                                                                                                                                  | Personal Development Opportunities<br><br>'Understand others'                                                                                                                                                                                  |
| Nursery                                                                                                                 | <u>10/10</u><br><u>All the feelings</u>       | <u>1 DECISION</u><br><u>Rainbow feels angry</u>                                                                                       | <u>1 DECISION</u><br><u>Pink screen time</u>                    | <u>EQUALITEACH</u><br>Read 'The Pirate of Kindergarten' by George Ella Lyon<br><br><i>Protected characteristics</i><br><i>Disability</i> | <u>EQUALITEACH</u><br>Read 10,000 dresses by Marcus Ewert<br><br><i>Protected characteristics</i><br><i>Disability</i>                       | <u>CST</u><br><u>Promoting Peace</u><br><br>How do we treat others who are different to us or do things we don't like?                  | Recognise that we are all different and special in our own ways. Think about how we look different, have different families, pets etc.<br><br>Recognise that children learn in different ways.<br><br>Say something we like about our friends. |
| Sticky Knowledge                                                                                                        | To recognise different feelings               | To understand how to deal with anger                                                                                                  | To know it is important to have boundaries                      | To know ways that we are different                                                                                                       | To know ways that we are different                                                                                                           | To understand that it is important to be peacemakers                                                                                    |                                                                                                                                                                                                                                                |
| Vocabulary                                                                                                              |                                               | Anger<br>fear                                                                                                                         | limit                                                           | Equality<br>disability                                                                                                                   | Equality<br>disability                                                                                                                       | Peace<br>friendship                                                                                                                     |                                                                                                                                                                                                                                                |
| EYFS                                                                                                                    | <u>10/10</u><br>Session 1 – <u>Role Model</u> | <u>1 DECISION</u><br><b>Story:</b> <u>Yellow learns about germs</u><br><b>Dilemma/Scenario:</b> <u>Purple wants to wash her hands</u> | <u>CARITAS</u><br>Family and Community – My school family (p53) | <u>10/10</u><br>– <u>Who's who?</u><br><br><i>Character Trait:</i><br><i>Understand others</i>                                           | <u>1 DECISION</u><br><b>Story:</b> <u>Green's greens</u><br><b>Talking and Sorting Cards:</b> <u>we can have this often/we can only have</u> | <u>CARITAS p54</u><br>Family and Community – We love and look after each other because we are all brothers and sisters in God's family. | Do a kind deed for someone else.<br><br>Say something kind and put a bead in the jar.                                                                                                                                                          |

|                  |                                     |                                                                                                                                   |                                                |                                                                                        |                                                 |                                                                                            |  |
|------------------|-------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|----------------------------------------------------------------------------------------|-------------------------------------------------|--------------------------------------------------------------------------------------------|--|
|                  |                                     | <i>Character Trait:<br/>Understand others</i><br><br><i>Virtue- Class virtue<br/>focus</i><br><br><u>FBV – Mutual<br/>respect</u> | <i>Virtue- Class<br/>virtue focus</i>          | <i>Virtue- Class<br/>virtue focus</i>                                                  | <u>this on special<br/>occasions</u>            | <i>Character Trait:<br/>Understand others</i><br><br><i>Virtue- Class virtue<br/>focus</i> |  |
| Sticky Knowledge | To know we are part of God's family | To know it is important to wash our hands to keep clean                                                                           | To know the importance of family and community | To identify special people (e.g. parents, carers, friends) and what makes them special | To understand the importance of a balanced diet | To know the importance of family and community                                             |  |
| Vocabulary       | Family love                         | Hand Washing hygiene                                                                                                              | Family community                               | Parents Carers family                                                                  | Vegetables healthy                              | Family community                                                                           |  |

## Pentecost 2

### Focus: Staying safe (Individual liberty) and Healthy lifestyles

|         | Week 1                                                 | Week 2                                                       | Week 3                                                                                                                                           | Week 4                                                 | Week 5                                                                                         | Week 6                                                                                         | Personal Development Opportunities<br><br>'Imagine'                                       |
|---------|--------------------------------------------------------|--------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|
| Nursery | <u>1 DECISION</u><br><u>Blue Road</u><br><u>Safety</u> | <u>1 DECISION</u><br><u>Red visits the</u><br><u>Dentist</u> | <u>EQUALITEACH</u><br><u>Read Mirror by</u><br><u>Jeannie Baker</u><br><br><i>Protected</i><br><i>Characteristics -</i><br><i>Race/Ethnicity</i> | <u>1 DECISION</u><br><u>Purple is</u><br><u>poorly</u> | <u>CST</u><br><u>Stewardship</u><br><br>How do we show kindness to the world that God gave us? | <u>CST</u><br><u>Stewardship</u><br><br>How do we show kindness to the world that God gave us? | Explore different ways of expressing and exploring our emotions through music, dance, ... |

|                  |                                                                              |                                                                                            |                                                            |                                                                  |                                                                                      |                                                                                   |                                                                                                                                                                                                                                                                                                                                                                     |
|------------------|------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|------------------------------------------------------------|------------------------------------------------------------------|--------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                  |                                                                              |                                                                                            |                                                            |                                                                  | <i>Virtue- Class<br/>virtue focus</i><br><br><i>Character trait -<br/>Imagine</i>    | <i>Virtue- Class<br/>virtue focus</i><br><br><i>Character trait -<br/>Imagine</i> | drawing,<br>performing etc.<br><br>Use less obvious<br>objects to<br>represent<br>characters and<br>things in stories.<br>E.g loose parts,<br>wooden blocks<br>with no obvious<br>character details.<br><br>Go outside and<br>choose an<br>'imagination<br>stick'. It can be<br>anything you<br>wish it to be.<br><br>Provide open<br>ended dressing up<br>clothes. |
| Sticky Knowledge | To know ways<br>to keep<br>ourselves safe                                    | To know ways to<br>keep ourselves<br>healthy                                               | To understand<br>ways that we are<br>different             | To know how<br>to deal with<br>your different<br>feelings        | To know that we<br>should look after<br>each other and<br>the world around<br>us     | To know that we<br>should look after<br>each other and<br>the world around<br>us  |                                                                                                                                                                                                                                                                                                                                                                     |
| Vocabulary       | <u>Dangers</u><br><u>safety</u>                                              | <u>Hygiene</u><br><u>health</u>                                                            | Race<br>equality                                           | <u>Illness</u><br><u>worry</u>                                   | <u>World</u><br><u>creation</u>                                                      | <u>World</u><br><u>Creation</u>                                                   |                                                                                                                                                                                                                                                                                                                                                                     |
| REC              | <u>1 DECISION</u><br><br><a href="#">Green moves<br/>up a year<br/>group</a> | <u>10/10</u><br><u>Safe inside and out</u><br><br><u>Session 2 – My<br/>Body, My rules</u> | <u>10/10</u><br><u>Unit 1: Session 1 –<br/>God is love</u> | <u>10/10</u><br><u>4: Session 4 –<br/>People who<br/>help us</u> | 10/10<br><a href="#">When I grow up</a><br>plus <a href="#">classroom<br/>shorts</a> | <u>10/10</u><br><u>Unit 2: Session 1<br/>– Me, You, Us</u>                        | Try drawing how<br>you feel.<br><br>Try brushing your<br>teeth in school.                                                                                                                                                                                                                                                                                           |

|                  |                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                             |                           |                                                                      |                                              |                                                                                   |  |
|------------------|--------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|----------------------------------------------------------------------|----------------------------------------------|-----------------------------------------------------------------------------------|--|
|                  | <p><u>Dilemma:</u><br/><u>Pink's new classmate</u></p> | <p><u>Session 3 Feeling Poorly</u></p> <p><u>1 DECISION</u></p> <p><u>Story:</u> <u>Red visits the dentist</u><br/><u>Talking and Sorting Cards:</u><br/><u>express feelings of visiting these places now and in the future</u><br/><u>Dilemma/Scenario:</u><br/><u>Red has got toothache and is worried about telling her parents in case they take her to the dentist. What should she do?</u></p> <p><u>FBVs:</u> Individual liberty</p> |                           | <p><i>Virtue- Class virtue focus</i></p> <p>FBVs: Mutual respect</p> |                                              |                                                                                   |  |
| Sticky Knowledge | To understand that change can sometimes be difficult   | To recognise when things are safe or unsafe                                                                                                                                                                                                                                                                                                                                                                                                 | To know that God loves us | To know the jobs that people do that help us                         | To know the jobs that people do that help us | To understand that we belong to different communities and recognise some of those |  |
| Vocabulary       | New<br>Worry<br>fear                                   | Safe<br>Unsafe<br>protection                                                                                                                                                                                                                                                                                                                                                                                                                | God<br>Father<br>love     | Careers<br>carers                                                    | Careers<br>carers                            | Parish<br>Family<br>school                                                        |  |

