

(PHSE, RSE, Catholic Social Teaching) - Personal Development Curriculum Map

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Year 3/4 Cycle A	<u>EQUALITEACH</u> Read 'My world, your world' and complete a short activity about celebrating difference. (Equaliteach) <u>FBV – Mutual respect and tolerance</u> <i>Protected characteristics: Various</i>	10/10 <u>When things feel bad</u> <i>*new short</i>	10/10 <u>Y3: Respecting our bodies</u> 10/10 <u>Year 4: What is puberty?</u>	10/10 <u>Sharing online</u>	<u>1 DECISION Touch</u> <i>Looks at appropriate and inappropriate touch and enables children to explore who they can talk to if they are uncomfortable)</i> (Relationships 5-8)	<u>1 DECISION (1 decision) Touch</u> <i>Looks at appropriate and inappropriate touch and enables children to explore who they can talk to if they are uncomfortable)</i> (Relationships 5-8)
Sticky Knowledge	To know and understand ways we are different	To know and understand ways we are different	To understand What is puberty?	To understand What is puberty?	To know what is and isn't appropriate when it comes to touch	To know what is and isn't appropriate when it comes to touch
Vocabulary	Difference celebrate	Culture Asian	Puberty change	Puberty change	Appropriate inappropriate	Appropriate inappropriate

Year 3/4 Cycle B	<u>10/10</u> <u>We don't have to be the same</u> <u>FBV – Mutual respect and tolerance</u> <i>Protected characteristics: Various</i>	<u>EQUALITEACH</u> Read 'My Friend, Jamal' and discuss and celebrate the differences <u>FBV – Mutual respect and tolerance</u> <i>Protected characteristics: Race</i>	<u>10/10</u> <u>Y3: Respecting our bodies</u> *new short	<u>10/10</u> <u>Year 4: What is puberty?</u>	<u>1 DECISION</u> <u>Relationships appropriate touch</u>	<u>1 DECISION</u> <u>Relationships appropriate touch</u>
Sticky Knowledge	To know and understand ways we are different	To know and understand ways we are different	To understand What is puberty?	To understand What is puberty?	To know what is and isn't appropriate when it comes to touch	To know what is and isn't appropriate when it comes to touch
Vocabulary	Difference respect	Race equality	Puberty Change	Puberty change	Appropriate inappropriate	Appropriate inappropriate

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Year 3/4 (Cycle A)	<u>10/10</u> <u>What am I feeling?</u>	<u>1 DECISION</u> <u>Online Bullying (Computer Safety)</u> <i>Virtue: Class virtue focus</i> <u>FBV – Mutual respect and tolerance</u>	<u>CARITAS</u> Rights and responsibilities– Barriers to happiness	<u>10/10</u> <u>I am thankful</u>	<u>10/10</u> <u>Chatting online</u>	<u>CARITAS</u> Rights and responsibilities– Finding happiness with each other P137 <i>Virtue: Class virtue focus</i>

						FBV – Mutual respect and tolerance
Sticky Knowledge	To understand how to stay emotionally healthy	To understand the negative ways that the internet is used.	To understand our rights and responsibilities	To recognise the correct and incorrect behaviour.	To understand ways that we are different.	To understand our rights and responsibilities
Vocabulary	Emotions health	Online Bullying harassment	Rights responsibilities	Emotion Health actions	Disability equality	Rights responsibilities
Year 3/4 (Cycle B)	10/10 What am I looking at?	1 Decision Making friends online (Computer safety) <i>Virtue: Class virtue focus</i>	CARITAS Rights and responsibilities– Helping each other make the right choices P 137 <i>Virtue: Class virtue focus</i> FBV – Individual Liberty	10/10 Lifecycles	EQUALITEACH Different – A great thing to be! Book to read and discuss Equalities: Disability (Down's syndrome) <i>Virtue: Class virtue focus</i> FBV – Mutual respect and tolerance <i>Protected characteristics: Disability</i>	CARITAS Rights and responsibilities– Fair shares for all p138 <i>Virtue: Class virtue focus</i> FBV – Mutual respect and tolerance <i>Protected characteristics: Disability</i>
Sticky knowledge	To understand how media is used to share messages	To understand age restrictions on line and the reasons behind them	To understand our rights and responsibilities	To understand the human lifecycles from conception	To understand ways that we are different	To understand our rights and responsibilities
Vocabulary	Internet Television	Restrictions Online safety	Rights responsibilities	Life cycle conception	Disability equality	Rights responsibilities

	Online platforms					
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	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
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Year 3/4 (Cycle A)	10/10 <u>Y3: Jesus my friend</u> ----- <u>Y4: Changing bodies</u>	10/10 Y3: <u>The Sacraments</u> ----- Y4: <u>Changing bodies</u> including <u>session 5</u> <u>Male/Female Discussion groups</u> <u>Anti-Bullying Week</u> 10/10 <u>When things feel bad (Bullying)</u> <u>Sharing online</u> <u>Chatting online</u> <u>FBV – Mutual respect and tolerance, Rule of Law and Individual Liberty</u> <i>Protected characteristics: Gender</i>	10/10 <u>Balancing needs</u>	<u>EQUALITEACH</u> https://equaliteach.co.uk/download/s/ Use Catholic Social Teaching to challenge ideas younger pupils may have about what boys, girls, men and women 'can't' or 'should' do....Tell the class that they will now have a chance to learn about a real-life weightlifter. Introduce the role model (in the case of the weightlifter, Amna Al Haddad) Facilitate a discussion about young peoples' responses to the real-life role model. <i>Character trait: Improve/Work Hard</i> <u>FBV – Mutual respect and tolerance</u>	<u>EQUALITEACH</u> <u>P64 of Equaliteach</u> Space invaders activity linked to gender stereotypes Equality: Gender <u>FBV – Mutual respect and tolerance</u> <i>Protected characteristics: Gender</i>	<u>EQUALITEACH</u> <u>Continuation of P64 of Equaliteach</u> Space invaders activity linked to gender stereotypes <u>FBV – Mutual respect and tolerance</u> <i>Protected characteristics: Gender</i>
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Sticky Knowledge	To begin to understand the changes we will go through as we get older.	To begin to understand the changes we will go through as we get older. Know how to be safe when using the internet.	To understand that stereotypes are wrong. Understand ways in which we are different	To understand that stereotypes are wrong. Understand ways in which we are different	To understand that stereotypes are wrong. Understand ways in which we are different	To understand that stereotypes are wrong. Understand ways in which we are different
Vocabulary	Changes Emotions relationships	Changes Emotions relationships	Equality Stereotype gender	Equality Stereotype gender	Equality Stereotype gender	Equality Stereotype gender
Year 3/4 (Cycle B)	10/10 <u>Y3: Jesus my friend</u> ----- <u>Y4: Changing bodies</u>	10/10 Y3: <u>The Sacraments</u> ----- Y4: <u>Changing bodies</u> including <u>session 5 Male/Female Discussion groups</u> <u>Anti-Bullying Week</u> 10/10 <u>When things feel bad (Bullying)</u> <u>Sharing online</u> <u>Chatting online</u> <i>Character trait: Improve/Work Hard</i> <i>Values: Service</i> <u>FBV – Mutual respect and tolerance</u> <i>Protected characteristics: Gender</i>	1 DECISION <u>worry</u> <i>Character trait: Improve/Work Hard</i>	1 DECISION <u>Anger</u> <i>Character trait: Improve/Work Hard</i>	EQUALITEACH Read 'Pass it Polly' Read and discuss gender stereotypes Equality: Gender Equality <u>FBV – Mutual respect and tolerance</u> <i>Protected characteristics: Gender</i>	EQUALITEACH Creating posters to showcase how you can be whatever you want to be linked to the gender equality theme <u>FBV – Mutual respect and tolerance</u> <i>Protected characteristics: Gender</i>

Sticky Knowledge	To begin to understand the changes we will go through as we get older.	To begin to understand the changes we will go through as we get older. Know how to be safe when using the internet.	To know ways to deal with worry	To know ways to deal with anger	To understand that stereotypes are wrong. Understand ways in which we are different	To understand that stereotypes are wrong. Understand ways in which we are different
Vocabulary	Changes Emotions relationships	Changes Emotions relationships	Worry anxiety	Anger fear	Gender Equality stereotype	Gender Equality stereotype

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Year 3/4 (Cycle A)	10/10 <u>Safe in my body</u> (The FGM Free version) <i>Character trait: Concentrate</i>	10/10 <u>Safe in my body</u> <u>Extended Activities</u> <i>Character trait: Concentrate</i>	<u>EQUALITEACH</u> 'Ramadan Moon' – Read and discuss a special holiday from another faith Equality: Other faiths <u>FBV – Mutual respect and tolerance</u> <i>Protected characteristics: Religion</i>	10/10 <u>A Time For Everything</u> (Grief focus)	<u>1 DECISION</u> <u>Grief</u> (Feelings and emotions 5-8)	10/10 <u>Classroom Shorts linked to Safe in my body – Railways and Water</u> <u>FBV – Rule of law, individual liberty</u>
Sticky Knowledge	To know what kind of physical contact is acceptable or unacceptable and how to respond	To know what kind of physical contact is acceptable or unacceptable and how to respond	To understand ways in which we are different	To understand grief is an emotion and how to deal with it	To understand ways to deal with grief	To know the dangers of playing near railways and water

Vocabulary	Physical Contact Acceptable unacceptable	Physical Contact Acceptable unacceptable	Equality Respect tolerance	Grief Feelings emotions	Grief Feelings emotions	Dangers Signs safety
Year 3/4 Cycle B	10/10 <u>Family, Friends and Others</u> <i>Virtue- Class virtue focus</i>	10/10 <u>Family, Friends and Others</u> Extended activities <i>Virtue- Class virtue focus</i>	EQUALITEACH Read 'The proudest blue' – A story of Hijab and Family Story from another faith - Islam Equality: Other faiths <i>Virtue- Class virtue focus</i> <u>FBV – Mutual respect and tolerance</u> <i>Protected characteristics: Religion</i>	10/10 <u>Critical thinking – targeted marketing online</u> <i>Character trait: Concentrate</i> <u>FBV – Individual liberty</u>	1 DECISION <u>Jealousy (Feelings & Emotions)</u> <i>Virtue- Class virtue focus</i> <u>FBV – Mutual respect and tolerance</u>	10/10 <u>Classroom Shorts linked to Safe in my body – Roads and Digital</u> <i>Character trait: Concentrate</i> <u>FBV – Rule of law, individual liberty</u>
Sticky Knowledge	To know Ways to maintain and develop good, positive, trusting relationships and strategies to use when relationships go wrong	To know Ways to maintain and develop good, positive, trusting relationships and strategies to use when relationships go wrong	To know ways that we are different	Know how to use technology safely	To recognise jealousy and ways to deal with it.	To understand dangers and ways to keep yourself safe.
Vocabulary	Relationships Positive	Relationships Positive	Religion Equality hijab	Online safety	Jealousy Feelings emotions	Roads signs

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Year 3/4 Cycle A	1 DECISION First Aid Y4 Drugs, alcohol and tobacco	<u>EQUALITEACH</u> The Big Book of Families Read and discuss how different families and family lives can be <i>Character Trait: Understand others</i> <i>Virtue: Class virtue focus</i> FBV – Mutual respect and tolerance <u>Protected Characteristics: Various</u>	<u>10/10</u> A community of love <i>Character Trait: Understand others</i> <i>Virtue: Class virtue focus</i> FBV – Mutual respect and tolerance <u>Protected Characteristics: Various</u>	<u>10/10</u> Classroom shorts – link to follow Dental hygiene Germs exercise	<u>CARITAS</u> Caritas – Family and Community – What makes community? p63 <i>Character Trait: Understand others</i> <i>Virtue: Class virtue focus</i> FBV – Mutual respect and tolerance <u>Protected Characteristics: Various</u>	<u>CARITAS</u> Family and Community – Building up the Kingdom of God P64 <i>Character Trait: Understand others</i> <i>Virtue: Class virtue focus</i> FBV – Mutual respect and tolerance <u>Protected Characteristics: Various</u>
Sticky Knowledge	To know how to help someone in danger	To know ways that we are different	To know that God is love	To know that we belong to a community.	To know that we belong to a community.	To know that we belong to a community.
Vocabulary	First aid assist	Equality Culture	Community Love	Community Responsibility love	Community Responsibility love	Community Responsibility love

Year 3/4 (Cycle B)	<u>During Healthy Fortnight</u> 10/10 <u>First aid heroes</u> Part 1 10/10 <u>First aid heroes</u> Part 2	10/10 <u>How do I love others?</u> <i>Character Trait: Understand others</i> <i>Virtue: Class virtue focus</i> FBV – Mutual respect and tolerance	10/10 Recognising risk – link to follow Out and About: Fire New short	1 DECISION <u>Coming home on time (Being responsible -8-11)</u> FBV – Individual liberty	10/10 <u>Working together (Careers)</u> <i>Character Trait: Understand others</i> <i>Virtue: Class virtue focus</i> FBV – Mutual respect and tolerance	10/10 <u>Working together shorts – We are called, Same job – different pay</u> <i>Character Trait: Understand others</i> <i>Virtue: Class virtue focus</i> FBV – Mutual respect and tolerance Protected Characteristics: Various – Prejudice and discrimination
Sticky Knowledge	To know how to help someone in danger	To know ways that we are different	To know that God is love	To know that we belong to a community.	To know how to help someone in danger	To know there are many different jobs and types of work
Vocabulary	First aid assist	Church parish	Church Parish Home school	Responsibility safety	Careers Discrimination respect	Discrimination respect

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Year 3/4 (Cycle A)	10/10 <u>Big Changes Little Changes</u>	10/10 <u>Big Changes Little Changes Classroom Shorts</u> What do they do?	Caritas – The dignity of work – Exploring our understanding of	Caritas – The dignity of work – The many sides of working together to build up a community. P205	10/10 <u>Money Matters</u> <i>Character trait: Imagine/</i>	10/10 <u>Money Matters Shorts What is money? Where does money come from?</u>

	Character trait: Imagine/Concentrate <i>Virtue: Class virtue focus</i>	What do you want to be? (Careers) Character trait: Imagine/Concentrate	work. How does work build us up? P205 Character trait: Imagine/Concentrate <i>Virtue: Class virtue focus</i>	Character trait: Imagine/Concentrate <i>Virtue: Class virtue focus</i>	Concentrate <i>Virtue: Class virtue focus</i> FBVs: Individual liberty	Character trait: Imagine/Concentrate <i>Virtue: Class virtue focus</i> FBVs: Individual liberty
Sticky Knowledge	To understand that change is a part of life and that there are different kinds of change.	To understand that change is a part of life and that there are different kinds of change.	To recognise the importance of work and workers' rights	To recognise the importance of work and workers' rights	To understand the importance of budgeting and ways money is spent.	To understand the importance of budgeting and ways money is spent.
Vocabulary	<u>Change Difficulties</u>	<u>Change Difficulties</u>	Dignity Work Talents	Dignity Work talents	Budget Spending	Budget Spending
Year 3/4 Cycle B	1 DECISION <u>Breaking down barriers</u> <i>Virtue: Class virtue focus</i> FBVs: Mutual respect and tolerance	10/10 <u>Big Changes Little Changes Classroom Shorts</u> We can be (Careers) Character trait: Imagine/Concentrate	10/10 <u>Rights and responsibilities</u> <i>Virtue: Class virtue focus</i> FBVs: Rule of law and individual liberty	1 DECISION <u>Chores at home</u> <i>Virtue: Class virtue focus</i> FBVs: Individual liberty	CARITAS The dignity of work – Recognising and helping others to find their gift and to share it. P205 Character trait: Imagine/Concentrate <i>Virtue: Class virtue focus</i>	CARITAS The dignity of work – Enabling each others to aim high P206 <i>Virtue: Class virtue focus</i> FBVs: Mutual respect

	Protected Characteristics: Various					
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