



RSE Teaching Overview

	Advent week	Sticky Knowledge	Links to Science Curriculum	Links to PSHE Curriculum	Key vocabulary
EYFS	<p>Module 1 Unit 1: Created and loved by God Story sessions-Handmade with love</p> <p>Module 1 Unit 2: Created and loved by God Session 1-I am me Session 2-Heads, shoulders, knees and toes Session 3-Ready teddy</p>	<ul style="list-style-type: none"> Know we are created and loved by God. Know we are created out of love and for love Recognise their own importance Talk about and recognise personal relationships. 		<p>Growing & Changing</p> <p>Feelings & Emotions</p>	<p>Love God Creation Created relationships</p>
Year 1	<p>Y1 Module 1 Unit 1: Created and loved by God Story sessions-Handmade with love</p> <p>Y1 Module 2 Unit 1: Created to love others God loves you</p>	<ul style="list-style-type: none"> Know that we are made by God Know that God loves us Understand and retell the story of the Prodigal Son 		<p>Growing & Changing</p> <p>Feelings & Emotions</p>	<p>Love God Prodigal Handmade created</p>
Year 2	<p>Y2 Module 1 Unit 1: Created and loved by God Story sessions</p> <p>Y2 Module 1 Unit 2: Created and loved by God Session 1-I am Unique Session 2- Girls and Boys (My body) Session 3-Clean and Health</p>	<ul style="list-style-type: none"> Understand that we are made by God uniquely To be able to celebrate differences between themselves and others. Know the differences between girls and boys Name external body parts (genitalia) Name ways to keep your body clean and healthy 	<p>Animals including humans (Y1)</p>	<p>Growing & Changing</p> <p>Feelings & Emotions</p> <p>Keeping/ Staying Healthy</p>	<p>Unique Male Female Penis Vagina (Be guided by other scientific names to use)</p>
Year 3	<p>Y3 Module 1 Unit 1: Created and loved by God</p>	<ul style="list-style-type: none"> Understand the story of Jairus's daughter Know and understand the sacrament of Baptism and Reconciliation 			<p>Baptism Reconciliation Sacraments</p>

	Story sessions-Designed for a purpose Session 1-The sacraments				Love trust
Year 4	Y4 Module 1 Unit 1: Created and loved by God Story sessions- Designed for a purpose Y4 Module 1 Unit 2: Created and loved by God Session 1-We don't have to be the same Session 2-Respecting our bodies	<ul style="list-style-type: none"> Know and understand that we are unique, but have similarities and differences Know how to look after our bodies Know how to be respectful to our bodies -eg – what we wear/ do Understand that by respect our bodies we are being respectful to God. 		Growing & Changing Being Responsible	Respect God Bodies Similarities differences
Year 5	Y5 Module 1 Unit 1: Created and loved by God Story sessions-Made to grow Y5 Module 2 Unit 1 Created to love others Session 1-Is God calling you?	<ul style="list-style-type: none"> Explain ways they will hear God's call in their lives. Retell and talk about the story of Zacchaeus. 			Zacchaeus Trust Love call
Year 6	Y6 Module 1 Unit 1: Created and loved by God Story sessions Y6 Module 1 Unit 2 Created and loved by God Session 1-Gifts and talents Session 2-Girls' bodies Session 3-Boys' bodies Session 4-Spots and sleep	<ul style="list-style-type: none"> Understand why it is important to have self worth Recognise they have self-confidence because they are loved by God. Know the changes that happen to a girl's body during puberty Know what changes happen to a boy's body during puberty. Understand the good choices regarding rest, sleep, exercise, personal hygiene and diet. 	Animals including Humans (Y2/Y3)	Growing & Changing Being Responsible Keeping/ Staying Healthy Feelings & Emotions	Hygiene Male Female Puberty Confidence Exercise Penis Vagina Testicles Ovaries

	Spring block	Sticky Knowledge	Links to Science Curriculum	Links to PSHE Curriculum	Key vocabulary
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EYFS	Module 1 Unit 3: Created and loved by God Session 1-I like, you like, we all like Session 2-Good feelings and bad feelings Session 3-Let's get real	<ul style="list-style-type: none"> Recognise their own feelings Know when feelings are good or bad Know that actions have consequences. Understand that when we do something wrong, we should say sorry and ask for forgiveness. 		Feelings & Emotions	Feelings Emotions Forgiveness Sorry
Year 1	Y1 Module 2 Unit 2: Created to love others Session 1-Special People Session 2-Treat Others Well Sessions 3-And Say Sorry	<ul style="list-style-type: none"> Be able to identify the 'special people' in their lives. Understand their relationship with God is the most special of all. Understand the difference between feelings and behaviours Understand why it is important to say sorry 		Feelings & Emotions	Family Friends Relationship Behaviours Trust sorry
Year 2	Y2 Module 1 Unit 3: Created and loved by God Session 1- Feelings, Likes and Dislikes Session 2-Feeling Inside Out Session 3-Super Susie Get Angry	<ul style="list-style-type: none"> Be able to articulate their own feelings Understand their consequences have action 		Feelings and emotions Growing & Changing	Feelings Emotions Anger Fear (other feelings) consequences
Year 3	Y3 Module 2 Unit 1: Created to love others Story sessions-Jesus, my friend Y3 Module 2 Unit 2: Created to love others Session 1-Family, friends and Others Session 2-When things feel bad Session 3-When things changes	<ul style="list-style-type: none"> Know how to recognise discrimination Recognise the different relationships we have and how they we may behave differently. Recognise strategies to help us practice resilience Recognise positive and negative ways to deal with changes in our lives. 		Feelings and emotions Growing & Changing	Positive Negative Relationships Behaviour resilience
Year 4	Y4 Module 1 Unit 2: Created and loved by God Session 3-What is puberty? Session 4-Changingn bodies Session 5-Boy/ girl discussions	<ul style="list-style-type: none"> Recognise physical and emotional changes in our bodies Know that growing from boys/ girls to men/women is part of God's loving plan. Understand the term 'Puberty' Recognise some of the bodily changes puberty will bring. 		Feelings and emotions Growing & Changing	Physical Emotional Love Puberty Male female
Year 5	Y5 Module 2 Unit 2: Created to love others Session 1-Under pressure Session 2-Do you want a piece of cake? Session 3-Self talk	<ul style="list-style-type: none"> Recognise and talk about the pressures we face on a daily basis. Understand how we can deal with these pressures. Understand the term 'consent' 		A world without Judgement	Consent Pressure Talk permission

		<ul style="list-style-type: none"> Recognise the importance of talk and how it can have a huge effect on how they relate to the world. 			
Year 6	Y6 Module 1 Unit 3: Created and loved by God Session 1-Body Image Session 2-Funny feelings Session 3-Emotional changes Session 4-Seeing stuff online	<ul style="list-style-type: none"> Understand the importance of a positive body image. Understand the importance of taking responsibility for our own actions. Understand the term pornography and how to deal with it. 		<p>Growing and Changing</p> <p>Feelings and emotions A world without judgement</p> <p>Computer Safety</p>	<p>Responsibility</p> <p>Body image</p> <p>Pornography</p> <p>Online</p>

	Pentecost block	Sticky Knowledge	Links to Science Curriculum	Links to PSHE Curriculum	Key vocabulary
EYFS	<p>Module 1 Unit 4: Created and loved by God Session 1-Growing up</p> <p>Module 2 Unit 1: Created to love others Session 1-Role model</p> <p>Module 2 Unit 2: Created to love others Session 1-Who's who? Session 2- You've got a friend in me Session 3-Forever friends</p>	<ul style="list-style-type: none"> Understand that Jesus is a role model to us. Understand that Jesus wants us to love one another. Understand the difference between a positive and negative relationship Know the importance of forgiveness when others hurt us. 			<p>Positive</p> <p>Negative</p> <p>Forgiveness</p> <p>Relationship</p> <p>love</p>
Year 1	Y1 Module 2 Unit 4: Created to love others Session 1-Being safe Session 2-Good secrets and bad secrets Session 3-Physical contact	<ul style="list-style-type: none"> Understand about secrets and that some can be good and some bad. Know how to resist pressure when they feel unsafe. Know that privates are private Know that their body belongs to them No means no 		<p>Computer safety</p> <p>Growing and Changing</p> <p>Feelings and Emotions</p>	<p>Safe</p> <p>Secrets</p> <p>Contact</p> <p>Pressure</p> <p>Privates</p> <p>body</p>
Year 2	Y2 Module 1 Unit 4: Created and loved by God Session 1-The Cycle of Life	<ul style="list-style-type: none"> Understand the stages of life from birth to death Understand important changes physically and emotionally at each stage. 	Animals including humans (Y3)	<p>Growing and Changing</p> <p>Feelings and emotions</p>	<p>Life</p> <p>Cycles</p> <p>Love</p> <p>Creation</p> <p>Stages</p> <p>Birth</p> <p>death</p>
Year 3	Y3 Module 2 Unit 3:	<ul style="list-style-type: none"> Understand ways to stay safe online 		Computer safety	Online

	Created to love others Session 1-Sharing online Session 2-Chatting online Session 3-Physical contact	<ul style="list-style-type: none"> Understand the dangers of 'over sharing' Know what to do if something dangerous happens online. 		Growing and changing Feelings and emotions	Contact Physical Safety Trusted dangers
Year 4	Y4 Module 1 Unit 3: Created and loved by God Session 1-What am I feeling? Session 2-What am I looking at? Session 3-I am Thankful!	<ul style="list-style-type: none"> Understand how hormones can affect our feelings. Suggest ways they can protect their emotional well-being Understand the bias and motive of fake reality – TV, magazines, online Understand how 'reality' of the media can affect how people feel about themselves. Know that feelings and pressures may make us want to act inappropriately. 		Feelings and Emotions	Hormones Feelings Emotions Reality Fake Online
Year 5	Y5 Module 2 Unit 3: Created to love others Session 1-Sharing online Session 2-Chatting online	<ul style="list-style-type: none"> Know about organisations that can help with safety concerns. Eg NSPCC Know the online rules for keeping them safe. Understand the implications of cyberbullying. 		Computer safety A world without judgement	Cyberbullying Organisations Implications Consequences
Year 6	Y6 Module 3 Unit 1 and 2: Created to live in community Session 1-Trinity House Session 2-Catholic Social Teaching	<ul style="list-style-type: none"> Understand and talk about the Holy Spirit Know that through the work of the Holy Spirit we can share God's love in the world. Know ways we can live in a strong society with each other. 		The working World	Holy Spirit Community Love Society

	Spring block	Sticky Knowledge	Links to Science Curriculum	Links to PSHE Curriculum	Key vocabulary
EYFS	Module 2 Unit 3: Created to love others. Session 1-Safe inside and out. Session 2-My body, my rules Session 3-Feeling poorly Session 4-People who help us Module 3 Unit 1: Created to live in community Session 1-God is love Session 2-Loving God, loving others	<ul style="list-style-type: none"> Understand the basic rules of being safe online Understand about keeping their own bodies safe Know who trusted adults are Understand how we can care and help the wider community. Understand ways we can look after the environment Know the difference between needs and wants. 		Computer safety A world without judgement Feelings & Emotions	Body Rules Safe Love Community God

	Module 3 Unit 2: Created to live in community Session 1-Me, you, us				
Year 1	Y1 Module 3 Unit 1: Creative to live in community Session 1-Three in one Session 2-Who is my neighbour?	<ul style="list-style-type: none"> Know that God is Father, Son and Holy Spirit Know and retell the story of 'The Good Samaritan' 			Holy Spirit Samaritan Neighbour Father Son
Year 2	Module 3 Unit 2: Created to live in community Session 1-The Communities we live in Sessions – Who will I be?	<ul style="list-style-type: none"> Recognise and understand the communities they belong to Understand the rights and responsibilities that come with belonging to a community. Know and understand that God gives us all the gifts and strengths we need. 			Responsibilities Community Gifts talents
Year 3	Y3 Module 3 Unit 1: Created to live in community Session 1-A community of love Session 2-What is the Church?	<ul style="list-style-type: none"> Understand and give examples of the CST principle – The Common Good. 			Catholic Social Teaching Common Good principles
Year 4	Y4 Module 1 Unit 4: Created and loved by God Session 1-Life cycles Y4 Module 3 Unit 1: Session 1-Trinity house Created to live in community Y4 Module 3 Unit 2: Created to live in community Session 1-How do I love others?	<ul style="list-style-type: none"> Understand how we can show 'love' to our community Know that our God given talents will influence our future decisions Know that true happiness comes from knowing God's love and finding identity in him. 		A Working world A World without judgement	Community Love Talents Gifts identity
Year 5	Y5 Module 3 Unit: Created to live in Community Session 1-Trinity house Session 2-Catholic Social Teaching	<ul style="list-style-type: none"> Understand and talk about the Holy Spirit Know that through the work of the Holy Spirit we can share God's love in the world. Know ways we can live in a strong society with each other. 			Holy Spirit Love Society responsibility
Year 6	Y6 Module 1 Unit 4: Created and loved by God Session 1-Making babies 1 Session 2-Making babies 2 Session 3-Menstruation This can only be taught to Y6	<ul style="list-style-type: none"> To know that we are all created by God through love. Know it takes a male and female to make a baby Understand when happens during sex. Know a woman sheds the lining of her womb every month Know that if a female egg is fertilised by sperm the result is a baby. 	Evolution & Inheritance Y6 Animal including Humans (Y2/3/5)	Growing and Changing Being Responsible	Sexual Intercourse Penis Vagina Sperm Egg Embryo Menstruation Menstrual cycle Period

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