

## PE Long Term Plan

<b>Cycle A</b>	<b>Advent 1</b>	<b>Advent 2</b>	<b>Lent 1</b>	<b>Lent 2</b>	<b>Pentecost 1</b>	<b>Pentecost 2</b>
<b>Nursery/Reception</b>	Body Management	Gymnastics	Dance	Cooperate and Solve	Manipulation and Coordination	Speed, Agility, Travel
<b>Year 1 and Year 2</b>	Hit, Run and Catch	Attack, Defend, Shoot	Dance	Send and Return	OAA	Run, Jump, Throw
<b>Year 3 and Year 4</b>	Rounders	Football Netball	Dance	OAA	Rounders	Athletics
<b>Year 5 and Year 6</b>	Football	Netball	Dance	Gymnastics	Tennis	Athletics

<b>Cycle B</b>	<b>Advent 1</b>	<b>Advent 2</b>	<b>Lent 1</b>	<b>Lent 2</b>	<b>Pentecost 1</b>	<b>Pentecost 2</b>
<b>Nursery/Reception</b>	Body Management	Gymnastics	Dance	Cooperate and Solve	Manipulation and Coordination	Speed, Agility, Travel
<b>Year 1 and Year 2</b>	Hit, Run and Catch	Attack, Defend, Shoot	Gymnastics	Send and Return	OAA	Run, Jump, Throw
<b>Year 3 and Year 4</b>	Cricket Basketball	Rugby	Gymnastics	OAA	Cricket	Athletics Tennis
<b>Year 5 and Year 6</b>	Rugby	Basketball	Dance Gymnastics	OAA	Cricket	Rounders