Online Safety Awareness for Parents

Digital PCSO – James Land

@digitalPCSO

Aims of the presentation?

1. Positive aspects of being online

2. Why is internet safety important?

3. Social networking & technologies

4. Managing risks & What can parents do

5. Tips for protection / staying safe

6. Advice and help

2. Why is internet safety important?

- **Online bullying and harassment**
- **Sexting/Sexcasting**
- **Inappropriate and unwanted contact Revealing personal information**
- **Accidental exposure to inappropriate images or content**
- **Virus, spyware, phishing scams etc.**
- **Illegal file sharing, copyright, or piracy of music, file or software**

3. Social networking & technologies

4. Managing risks

- **Unwittingly sharing personal information**

- **Unwanted contact /grooming**

- **Over usage**

- **Cyberbullying**

- **Harmful content/illegal materiel**

- **Privacy/digital footprint**

What can parents do

- **Be aware of what your children are doing online**

- **Discuss the internet**

- **Make a clear set of rules**

- **Teach the importance of being cautious**

- **Be sure they understand 'personal information'**

- **Invent an online nickname**

- **Emphasise 'never meet someone they've met online'**

- **Make sure they know where to go for help**

5. Tips for protection / staying safe

- **Security settings**

- **Which "Friends"?**

- **Content**

- **Learn how to report an issue directly**

- **Help set up their profile**

- **Add your email as the main contact (if possible)**

- **Privacy settings**

- **Check in and keep updated**

Final Word

- **Remember, the internet hosts many exciting opportunities. The online world is a wonderful place for young people to explore for learning and creativity.**

- **Of course, just like in the real world, there are risks and dangers we should be aware of and we should all act our part to protect young people from these.**

Checklist

➢ **I have asked my child to show me sites they use.**

➢ **I have asked my child to set the security settings on all devices and sites they use.**

➢ **I have asked my child to only accept people they know and trust in the real world as online "Friends".**

➢ **I have set safe settings on our devices and set adult content filters on my/child's devices.**

➢ **My child has agreed to tell me if they are worried about something online.**

6. Advice and help

CLICK CEOP
Visit ceop.police.uk

Report suspected online grooming – this could sexual chat, a child being asked to do something that makes them feel uncomfortable or someone insisting on meeting up

www.ceop.police.uk

Cyber Mentors

Peer to peer support network for young people who are being bullied

www.cybermentors.org.uk

ChildLine
0800 1111

THINK U KNOW
.co.uk

www.thinkuknow.co.uk/parents

www.derbyshire.police.uk/cybercrime

Internet Safety:

www.thinkuknow.co.uk/parents

http://www.direct.gov.uk/en/Parents/Yourchildshealthandsafety/Internetsafety/index.htm

http://www.iwf.org.uk/

Parental Control Software:

http://www.which.co.uk/baby-and-child/child-safety-at-home/guides/parental-control-software/

Useful safe websites for links across the curriculum, including games and general resources:

http://www.bbc.co.uk/schools/parents/

http://www.topmarks.co.uk/

http://www.woodlands-junior.kent.sch.uk/Games/

http://www.bgfl.org/bgfl/15.cfm?s=15&p=251,index

http://www.bbc.co.uk/schools/

http://durham.schooljotter.com/coxhoe/Curriculum+Links

If you need further advice or guidance:

Digital PCSO – James Land

Derbyshire Constabulary

james.land.4513@derbyshire.pnn.police.uk

@digitalPCSO

www.derbyshire.police.uk/cybercrime